

*Mid Summer  
Night's  
Gala*

Molly Cade  
**Scramble**  
for Ovarian Cancer

## Save the date for July 15 and 16!

MOCA is busy coordinating committee meetings, corporate sponsorships and soliciting auction items for this year's Mid Summer Night's Gala and Molly Cade Scramble for Ovarian Cancer at Brackett's Crossing Country Club in Lakeville. Last year's gala had 350 attendees and the golf tournament had nearly 200 golfers. Our goal this year is to raise \$150,000 for MOCA through these two special events.

We invite you, your friends and family to be a part of these events to "Celebrate the Women of MOCA!"

**The Mid Summer Night's Gala** features a cocktail reception and a silent and live auction with more than 100 packages. Attendees bid on everything from culinary experiences, sports memorabilia and tickets, to dream vacations and more. Enjoy a seated three course dinner and musical performances. Invite your friends and family members to attend, or consider a table sponsorship for your business!

**The Molly Cade Scramble for Ovarian Cancer** is a morning and afternoon scramble format golf tour-

continued on page 3

## Drug shortages: A critical issue impacting women

After being diagnosed with a recurrence of primary peritoneal cancer in March 2011, a form of cancer very similar to ovarian cancer, Mary McHugh Morrison of Edina braced herself for a fight. After processing the news of her diagnosis, she prepared to start chemotherapy with the drug Doxil, as prescribed by her gynecologic oncologist. What she wasn't prepared for, however, was hearing that the drug was no longer available at her healthcare provider after only four rounds of treatment.

Unfortunately, Mary's story is increasingly common for women with ovarian and gynecologic cancers. Since 2005, the number of drugs in short supply has tripled, from 61 drugs to more than 200 today. According to the Ovarian Cancer National Alliance (OCNA), many of the medications in short supply are chemotherapy drugs, anesthesia and nutritional supplements. For women with ovarian or other gynecologic cancers, the recent shortage of the drug Doxil has impacted their treatment and left them wondering what they can do about the issue.

MOCA supporter Mary shared her story before a crowd in January, at a forum on the shortages organized by Sen. Amy Klobuchar. Mary said that when her provider told her they had no Doxil available, she was forced to take matters into her own hands. Mary and her husband reached out to their friends, who helped connect them with pharmacies to see if they had any Doxil in stock. Generally, she was able to find it — but it took a lot of legwork and, often, the drug was found

in faraway states. She once received her treatment late, because she wasn't able to find it in time.

Overall, Mary recalls it as a stressful situation that only added to an already difficult time in her life. "To know that the drug I was counting on to save my life was unavailable was terrifying. A cancer diagnosis is never easy, but having to search the country for my prescribed chemotherapy drug complicated my situation tremendously," said Mary.

### The Issue with Doxil

Because Doxil is often the first drug doctors prescribe for women experiencing a recurrence of ovarian cancer, the shortage is very concerning for ovarian cancer advocates, says MOCA Executive Director Kathleen Gavin. "There are so few good drugs for ovarian cancer as it is and we are spending so much time and money to develop new chemotherapeutic options, that it is really discouraging that women cannot get Doxil," said Gavin. "Although there are alternatives to Doxil, for many women and providers, Doxil is preferred since it is effective while also causing fewer side effects, such as hair loss." Doxil has been FDA approved for use in ovarian cancer since 2005.

### Why Are We Experiencing Drug Shortages?

The reasons behind the drug shortages are complex. According to OCNA, in many cases, it is due to quality control issues, delays in manufacturing or capacity issues, or drug company concerns about low prices for generic drugs.

continued on page 3

## Letter from the President

Hello and Welcome to a New Year!

The final few weeks of 2011 was a busy time at the MOCA office! We would like to thank all of you who remembered us with an end of the year donation. It speaks to the strength of the organization and the kindness and commitment of our members that so many continue to give generously to us.

Last week I had the pleasure of sitting down with MOCA's Executive Director Kathleen Gavin for a special celebratory dinner. The night we met was Kathleen's 10th anniversary with MOCA. We sat and reflected on all the changes that Kathleen and I have seen in the organization in those past ten years (I joined MOCA about 6 months after Kathleen was first hired). We spoke about the progress we have made in raising awareness of ovarian cancer along with growing and strengthening this organization.

Ten years ago our "office" was a single room in the back of Eastland, Solstad,

Cade and Hutchinson's law offices. Our board meetings were held in the basement of a church and our community meetings were few and far between. Now we own our own "home" in South Minneapolis with meeting space for our board, committees and support groups. We talked about how ten years ago women with this disease didn't have a lot of options for chemo drugs, how they were administered and how to manage side effects. We reflected on how much stronger MOCA's presence is in Minnesota and that because of MOCA, women don't experience this disease alone anymore. We talked about new research and advances on the horizon that will continue to strengthen the ways to attack this illness.

It's easy when working someplace for a while to become complacent. After working somewhere for ten years, you might do just that! But that is what makes Kathleen special, and I think Molly Cade (MOCA co-founder) knew that. When talking with her the other

night I realized that she's not done here. Kathleen comes to work to strategically position this organization every day, to respond compassionately to the needs of women and families, and to raise support for advancements in research. We both marveled that MOCA will surpass the \$3 million for research mark with its release of \$300,000 in funding this year.

Kathleen is also helping us deal with new challenges that come up with this disease — like the emerging problem of drug shortages. MOCA isn't just a job — it's a passion for her. Molly Cade had a vision for this organization and hiring Kathleen supported that vision. We have been very lucky to have her working for us for the past ten years.

Thank you Kathleen for all that you have done for MOCA and our community. We are grateful to have your experience, wisdom and passion!

*Warmly,*

*Lisa Barnholdt*

### In the Spotlight:

## MOCA Mentor Program

**F**or many women diagnosed with ovarian cancer, one of the first interactions they have with another woman with the same disease is through the MOCA Mentor program. The Mentor program is made up of a group of MOCA members who connect one-on-one over the phone to share their stories and experiences with others. MOCA Mentors include survivors, partners of survivors, daughters of women with ovarian cancer and friends. The program has been in existence since the early days of MOCA — when co-founder Molly Cade would pick up the phone to call newly diagnosed women herself.

The MOCA Mentors provide a valuable service to women dealing with ovarian

cancer. They range in age from mid-20s to 70s and represent a wide range of stages and experiences with ovarian cancer. This allows MOCA to match up women with similar backgrounds, such as connecting a young, newly diagnosed woman with children to another survivor with a young family. But the common thread in the program is hope. MOCA Mentors provide information, hope and the kind of support that can only be gained by speaking with someone who has traveled along the same path. MOCA hopes to continue to improve and grow the Mentor program, which is why we conducted a workshop for Mentors during late February, featuring licensed social worker and ovarian cancer survivor Brenda Hartman.

If you are interested in connecting with a MOCA Mentor, please contact Public Education Manager Becky Lechner at [rlechner@mnovarian.org](mailto:rlechner@mnovarian.org) or by calling the MOCA office at (612) 822-0500. Besides offering the service to women with ovarian cancer, MOCA also has a list of spouse, daughter or caregiver Mentors. We aim to connect interested mentees with a Mentor of similar experience within a few days.

Survivors interested in becoming a Mentor can also contact Becky for additional information. We look forward to continuing to add to the list of MOCA members willing to share their experiences with others!

# In Celebration of Life

All of us at MOCA wish to honor and celebrate the lives of the following women who recently passed away. Their strength, courage and grace are to be admired. We will carry on the fight against ovarian cancer in their names.

**Patricia Benson**  
**Barbara LaLonde**  
**Gretchen Larson**  
**Sandra J. Johnson**  
**Mary Paine**

**Sharon Rahkola**  
**Elizabeth Rosca**  
**Theresa Schroer**  
**Patricia Steinberg**

## DRUG SHORTAGES

*Continued from page 1*

To help address this problem, last fall Sen. Klobuchar introduced a bill titled “Preserving Access to Life-Saving Medications Act,” which, among many things, will require drugmakers to provide ample notice to the FDA if they anticipate a shortage of a drug they manufacture. MOCA applauds Sen. Klobuchar for focusing attention on this important issue.

### End Drug Shortages: Make Your Voice Heard!

MOCA and OCNA are working to make sure that the voices of women impacted by the drug shortage are heard. Besides attending Sen. Klobuchar’s January forum, MOCA has also offered our perspective to several recent media articles on the issue, including a *Star Tribune* editorial on the topic and a *Pioneer Press* two-part story on drug shortages. MOCA is also collecting names of women impacted by the drug shortage, and some of those women were able to share those stories with reporters to help put a face to this important issue.

If you have been impacted by the drug shortage, please consider sharing your story with MOCA by emailing Public Education and Communications Manager Becky Lechner at [rlechner@mnovarian.org](mailto:rlechner@mnovarian.org), or by calling the MOCA office at (612) 822-0500.

OCNA has a website that features the

stories of people impacted by the drug shortages, and we encourage any woman to share their stories on that website, as well:

[www.stopdrugshortages.org](http://www.stopdrugshortages.org).

Finally, any MOCA supporter can sign an electronic petition initiated by OCNA to help end drug shortages at: <http://www.ipetitions.com/petition/ovariandrugshortage/>. Make your voice heard on the issue!

## SAVE THE DATE

*Continued from page 1*

ament that includes carts, golf goodies and prizes, snacks and lunch. All levels of players are encouraged to participate. Invite your family, co-workers, business associates or friends — they’re all invited to take a swing and show their support for the women of MOCA!

If you’re interested in donating an auction item or learning more about corporate sponsorship opportunities, please visit [www.mnovarian.org](http://www.mnovarian.org) to download materials or email Courtney at [cbarrette@mnoarian.org](mailto:cbarrette@mnoarian.org).



May 4<sup>th</sup> & 5<sup>th</sup>  
 O’Gara’s  
 in St. Paul  
 Visit:  
[mnovarian.org](http://mnovarian.org)  
 for details



## Our Mission

- To create an awareness regarding early warning signs that may be indicative of ovarian cancer.
- To create and promote resources for support, networking and education for women diagnosed with ovarian cancer and their families.
- To unite and educate individuals, the medical community and organizations to achieve earlier diagnosis, better treatment and a cure for ovarian cancer.
- To advance ovarian cancer research toward earlier diagnosis, better treatment, and a cure.

## MOCA Board of Directors and Staff

Visit [www.mnovarian.org](http://www.mnovarian.org) to view:

- Board of Directors
- Medical Advisory Committee Members
- MOCA Staff
- Volunteers

### For more information or to contact MOCA’s staff call (612) 822-0500

*The information contained in this newsletter mailing or any enclosure contained herein, should NOT be considered a substitute for the opinion of a qualified health care provider. MOCA does not recommend or guarantee any product mentioned in this newsletter mailing or any enclosure contained herein. Please use this information to assist you in obtaining further information and in making your own health care decisions.*

## MOCA Board Spotlight

# Joy Wetzel



Joy Wetzel

If you've ever been connected with a Mentor in the MOCA Mentor program, it's very possible that the survivor on the other end of the line was Joy Wetzel, offering support. An 11-

year ovarian cancer survivor who provides insight and guidance to numerous women through the MOCA Mentor program, Joy has also been a MOCA Board member since 2004.

Joy became active in MOCA after she was diagnosed with Stage IV epithelial ovarian cancer in 2001, at the age of 57. After a second-look surgery, she continued with an additional six rounds of chemo and was in remission until 2005. After another surgery, carboplatin and taxol got her on the road

to recovery again. She continues to be optimistic about the advances that are being made medically.

Besides serving on the MOCA Board and taking part in the MOCA Mentor program, Joy finds ways to devote additional time to MOCA in other ways. Both Joy and her husband, John, co-chair the "Day-Of" registration committee for the Silent No More Walk/Run. Joy is a retired teacher and a volunteer for the Fourth District Guardian Ad Litem Program, which serves Hennepin County.

Why does Joy devote so much time to MOCA? Hope for the future is one big reason. Joy hopes that there will one day be an adequate test for earlier detection for her sisters, nieces and friends. MOCA's mission is exactly what is in her heart: awareness of symptoms, money for research and camaraderie for survivors and caregivers.

## MOCA in the news

Who's been talking about MOCA and our supporters? Lots of people! Take a look at a sample of our media coverage from over the past few months:

- The *Star Tribune* covered the Dream Awards in their weekly philanthropy column in late November 2011. Dream Award recipients were also profiled in the *Duluth News Tribune*, the *Bloomington Sun-Current* and the *Mankato Free Press*.

- WCCO-TV did a story on MOCA supporter and hip hop artist Nicky May in late January. The lengthy story included Nicky's personal connection to ovarian cancer and details on his January concert. The story also focused on the symptoms of ovarian cancer, including a prominent graphic of the four key signs of ovarian cancer!

- The media has looked to MOCA for an expert perspective on the recent drug shortage. Insight from MOCA was included in a *Star Tribune* editorial on the drug shortages, along with an in-depth *Pioneer Press* series in January on how the issue is impacting patients. Two MOCA survivors impacted by the recent Doxil shortage were able to share their stories in the article.

You can find these articles on the "MOCA in the News" link on [www.mnovarian.org](http://www.mnovarian.org)!

**Donating to  
MOCA has never  
been easier!**

Please visit our donation pages online at [www.mnovarian.org](http://www.mnovarian.org)

## MOCA Living Well meetings

If you're looking for information and education about ovarian cancer, a MOCA Living Well community education meeting is an essential resource. In 2012, MOCA's Living Well series will focus on issues that help our members live well during all stages of an ovarian cancer diagnosis.

**Legal Issues:** The first MOCA Living Well meeting is planned for Tuesday, March 20 at 7 p.m. at the One Corporate Center Building in Edina at 7401 Metro Boulevard. The topic is legal issues for ovarian cancer survivors. A variety of issues will be covered, including:

- Employment rights
- Essential legal documents
- Disability claims
- Insurance claims

Thanks to our speakers from the Cancer Legal Line, Legal Aid Society and Eastlund, Solstad, Cade & Hutchinson for providing their insight.

**Resources for Caregivers and Survivors:** The second MOCA Living Well meeting will take place on Tuesday, April 10 at 7 p.m. at the Southdale Library. Ovarian cancer survivor and licensed social worker Brenda Hartman will be speaking to the group of caregivers. Brenda has extensive experience in working with families experiencing cancer.

At the same time, a group of experts on complementary and alternative therapies will be available to speak to survivors and provide information and demonstrations.

RSVP for the MOCA Living Well meetings today by going to [www.mnovarian.org](http://www.mnovarian.org) or calling (612) 822-0500. Space is limited, so register today!

## Support and information available to you

### Support groups

**Minneapolis.** Meets on the second and fourth Wednesday of the month from 6:00–7:30 p.m. at MOCA.

**St. Paul.** Meets on the first and third Saturday of the month from 2:00–3:30 p.m. at the Old Main Building in room #003 at Macalester College.

**Young Survivor Network.** Meets on the third Tuesday and last Thursday of the month from 6:30–8:30 p.m. at MOCA.

**Brainerd Area.** Meets on the second Thursday of the month from 6:00–7:30 p.m. at the Nisswa American Legion, 25807 Main St., Nisswa, MN. The support group is open to survivors and support people.

**St. Cloud.** Meets on an as-needed basis. Please contact MOCA for more information.

**Southeastern Minnesota.** The Southeastern Minnesota MOCA group



will meet on the first Monday of every other month at 5:00 p.m. at the Hope Lodge in Rochester. Future meeting dates are: March 5, May 7, July 2, September 10 and November 5.

**MOCA Connections.** This is a one-time support group for women who have been recently diagnosed. Meet with a survivor and gynecologic oncology nurse. Next meeting: May 16 from 6:30–8:00 p.m. at MOCA. RSVPs requested.

**R.I.S.E Ongoing Support Group for Newly Diagnosed Women.** Quarterly support group for women within the first year of diagnosis. Next meeting:

March 21 at MOCA. RSVPs required.

**FORCE Support Group.** A group for anyone with hereditary ovarian or breast cancer in their family, or those with BRCA 1 or 2. The group meets on the second Tuesday of the month at the MOCA office. Email Becky Lechner at [rlechner@mnovarian.org](mailto:rlechner@mnovarian.org) for more information.

All support groups are free. For more information, call (612) 822-0500 or visit [www.mnovarian.org](http://www.mnovarian.org).

### Other support, education and events:

**MOCA Mentor Program.** One-on-one support from survivors, partners of survivors, daughters who have lost their mothers to ovarian cancer and friends of survivors. You will receive a phone call within three business days of your request, but usually sooner. To request a mentor, call MOCA at (612) 822-0500.

### MOCA Supporter Spotlight

## Northern Lights League

2012 will be a special year for the women of Northern Lights League, a close-knit group of 23 women mostly from the northern Twin Cities suburbs. They will be celebrating 25 years of fundraising and friendship this summer, many of them having known one another since high school and college. Founding members include Gretchen Hesli, Bev Kronstedt, Jill Tousley, Denise Sheehy and the late Diane Shuda. They are committed to raising awareness and funds for women's health issues such as MOCA, as well as volunteering their time in their local communities on various projects throughout the year.

Northern Lights League has been a supporter of MOCA since 2004, when they chose MOCA as the beneficiary of their annual Holiday Plant Sale fundraiser. "We believe in the cause



and like the fact that MOCA is a small, grassroots organization," says co-founder Denise Sheehy.

In September 2006, co-founder Diane Shuda was diagnosed with ovarian cancer and lost her courageous battle to the disease less than a year later. The Northern Lights League's 25th Anniversary Celebration will be held in honor of Diane, and they have renewed their commitment to supporting MOCA as the beneficiary of their Holiday Plant Sale for 2012. "Diane was an educator and lifelong teacher.

The money we have raised has gone to education, awareness and research for ovarian cancer," says Denise. Since 2004, Northern Lights League has fundraised and donated over \$165,000 to MOCA through its annual Holiday Plant Sale.

Northern Lights League welcomes new contacts, groups and businesses who may be interested in ordering poinsettias, Christmas cactus, red amaryllis and other holiday plants next fall. Judy Franke and Jodi Christenson, coordinators of the Holiday Plant Sale for Northern Lights League, are willing to follow up with any interested groups. Please contact Courtney at [cbarrette@mnovarian.org](mailto:cbarrette@mnovarian.org) if you or your company is interested in ordering in 2012.

## Young Survivor Network: Sharing the journey

By Sarah Noonan

Today, I am grateful to be an ovarian cancer survivor. It's something I never would have chosen, but as this path has been laid before me, I have become someone new. I have met amazing women along the way, and I have gained wonderful friends. And I would not have been able to nurture these relationships had it not been for MOCA.

Now that I am almost nine years out from my initial diagnosis, I am blessed with the opportunity to welcome new members to the Young Survivor Network (YSN). Just recently, I was speaking with a newly diagnosed young woman who contacted MOCA because she needed support, but was not able to make the trip to Minneapolis for our monthly meeting.

As she shared her story, I found myself thinking back to when I was going through treatment...the very first conversation I had with Jill, the founder of our YSN, and the hope she gave me as I was filled with fear and hopelessness. After talking with Jill, I knew I would be OK. And today, as this young woman and I were making plans to meet, she said something that reminded me what this is all about: "It's so nice to know I can talk to someone who's already been through what I'm going through now."

Those selfless gifts that were given to me years ago are still deep within me as I talk to new survivors who feel scared and alone. The saying rings true: "...We can't keep these gifts unless we give them away." I am forever grateful

for Jill's wisdom, compassion and willingness to reach out to others.

The YSN continues to welcome new members almost every month. And even though our meetings are small, we are always reminded that we are never alone, and we never will be.

We are now offering a second meeting! Join us on the third Tuesday and/or the last Thursday of each month, from 6:30-8:00 p.m. at the MOCA office. If you want to make a personal connection before you attend a group, please contact Becky at [rlechner@mnovarian.org](mailto:rlechner@mnovarian.org) for more information. If you have ideas you would like to share with the group, please e-mail us at [moca-ysn@chaska.net](mailto:moca-ysn@chaska.net).

## MOCA Medical Advisory Committee members to address family physicians

MOCA has arranged an opportunity for Dr. Peter Argenta, a gynecologic oncologist practicing at the University of Minnesota Medical Center, Fairview and a member of MOCA's Medical Advisory Committee, to present information about ovarian cancer to 350 Minnesota family physicians at Minnesota Academy of Family Physicians (MAFP) 2012 annual Spring Refresher to be held April 26 and 27 at the Minneapolis Convention Center.

Dr. Argenta has been invited to present information about the clinical presentation, workup and primary treatment for ovarian cancer using the National Comprehensive Cancer Network's (NCCN's) guidelines. The National Comprehensive Cancer Network is a non-profit alliance of 21 of the world's leading cancer centers and is dedicated to improving the quality and effectiveness of care provided to patients with cancer. Its web-

site [www.nccn.org/guidelines](http://www.nccn.org/guidelines) provides clinical practice guidelines in oncology for physicians and patients. Dr. Argenta and other MOCA Medical Advisory Committee members recommend the website as a great up-to-date resource for physicians. After Dr. Argenta's presentation, attendees will be given time to discuss their questions about ovarian cancer with him.

At last year's MAFP Spring Refresher, all of the physicians who stopped by the MOCA booth commented that ovarian cancer is difficult to detect and asked what MOCA recommends. MOCA exhibitors recommended the NCCN website and gave the physicians the NCCN website address. Many physicians commented that "this is just what I need."

This spring, MOCA will staff an exhibit booth at the 2012 MAFP Spring Refresher as well, so MOCA represen-

tatives will have an opportunity to talk with physicians and provide them with NCCN information and MOCA materials. This conference will be another great opportunity for MOCA to provide information about the importance of early symptom detection and referrals to gynecologic oncologists.

Dr. A. Catherine Casey, a gynecologic oncologist practicing at Minnesota Oncology and a member of MOCA's Medical Advisory Committee, will also speak at the MAFP 2012 annual Spring Refresher. She will provide information about the management of endometrial cancer with minimally invasive surgery. The FDA approved robotic laparoscopic procedures for gynecology in 2005 and since that time the technology has vastly improved the surgical management of patients with gynecologic cancers and pre-cancerous diseases.

## Lace up your running shoes! 2012 MOCA race preview

Are you looking for a 5K or 10K race to keep that New Year's resolution on track? MOCA is the beneficiary of three of the most popular fundraising races in Minnesota!

Two years ago, MOCA entered into a partnership with Final Stretch, a race company based in Nerstrand, Minn., so more MOCA supporters could participate in different types of races and in different locations to benefit ovarian cancer research and education. Final Stretch was interested in organizing a women's-only race and also wanted one of their races to benefit a cause near to their hearts, as ovarian cancer has touched many of the Final Stretch staff.

MOCA receives \$5 of every runner's registration fee from these special races organized by Final Stretch. In 2010 and 2011, race registrations and



donations brought in more than \$15,000 to MOCA. In 2012, MOCA will partner with Final Stretch on three races, including a brand new race and location in Brainerd.

### Spring Fling Diva Run 5K & 10K Race Rochester, Sunday, April 29

This is the second year for the Spring Fling. Even though this is a women's-only race, we encourage men to cheer on the runners and volunteer!

### Northland Teal Run 5K, 10K and Kids' Fun Run Brainerd, Sunday, Aug. 5

This will be the first year for this race that has something for the entire fami-

ly. There will be a men's and women's 5K and 10K race, as well as a Kids' Fun Run!

### Diva Dash 5K Walk/Run & 10K Run Centerville, Saturday, Nov. 10

This will be the third year for the women-only Diva Dash. Both events wind through the wooded trails of Rice Creek Chain of Lakes Regional Park, in Centerville, Minn.

For more information or to register for one of these events, please visit [www.finalstretch.com](http://www.finalstretch.com). Create a fundraising page at [www.mnovarian.org](http://www.mnovarian.org) or to volunteer, email Courtney at [cbarrette@mnovarian.org](mailto:cbarrette@mnovarian.org).

**Take a look at the back cover for details on the annual Silent No More Walk/Run!**

### Volunteer Spotlight

## Lynn Mondragon



Lynn Mondragon

Lynn Mondragon first became involved with MOCA in 2007 when she saw the Annual Silent No More Walk/Run poster at her doctor's office prior to beginning

chemotherapy. She signed up for the Walk/Run with her children that year, and has been involved with MOCA ever since. She remembers the positive atmosphere of her first Walk/Run and people coming up to hug her. "I was hooked," Lynn says. Shortly after, Lynn began attending the MOCA Young Survivor Network meetings to find a connection with other young survivors.

Since 2007, Lynn has volunteered at the Walk/Run, Diva Dash, Spring Fling Diva Run, health fairs, the Marathon Swim in Rochester and the Minnesota State Fair, among other events. Her motto: if she can get there, she's willing to help however she can. "Even if the event is small, every little bit helps," says Lynn. "I always feel that I am one of the lucky few, diagnosed early, and few residual issues to deal with that I want to be available as much as possible to help support the mission of MOCA." Lynn also helps spread the MOCA message with others by frequently "liking" and sharing MOCA's Facebook posts.

MOCA thanks Lynn for all her support!

## Wanted: MOCA social media cheerleaders



Are you a frequent poster on Facebook, Twitter or other social media sites? Do you love to hit "like" when you see a MOCA update? New in 2012, MOCA would like to assemble a list of social media-savvy supporters to help spread the word about MOCA and ovarian cancer through social media channels.

No meetings will be required — we plan to connect with the group via email to alert our designated "MOCA social media cheerleaders" of any important posts or information to help share.

Reach out to MOCA Communications and Public Education Manager Becky Lechner at [rlechner@mnovarian.org](mailto:rlechner@mnovarian.org) or (612) 822-0500 if you'd like more information on becoming a MOCA Social Media Cheerleader!



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**SILENT**   
**NO** **13<sup>th</sup>** **MORE**  
**WALK & RUN** **III**  
**FOR OVARIAN CANCER**

**Saturday, September 8, 2012**



**Start your team fundraising pages today!**

Help MOCA do more by setting a personal fundraising goal this year. Every dollar raised helps fund research, educate the public and provide crucial programming that gives support to survivors and their families. Go to the MOCA event calendar on [www.mnovarian.org](http://www.mnovarian.org) and select Walk/Run for more details.