The symptoms of ovarian cancer are common and vague and often go unreported until the disease becomes advanced. When women discuss symptoms with physicians there have not been clear guidelines as to how physicians should evaluate women to determine if these symptoms may be indicative of ovarian cancer.

Now women and physicians have two new tools to help in this process of identifying and evaluating symptoms: The Symptom Diary and Interim Practice Guidance. The Symptom Diary was initially developed in the UK by Ovarian Cancer Action and has been adapted by Ovarian Cancer National Alliance and Gynecologic Cancer Foundation. It is designed to be used by women to track the four most common symptoms of ovarian cancer (bloating, pelvic or abdominal pain, difficulty eating or feeling full quickly and urinary symptoms) and frequency over a 4 week period. The intent is for women to track their symptoms and then use the diary as a discussion tool with their physicians. The Interim Practice Guideline is designed to be used by primary care physicians who are seeing women at average risk who present with symptoms suggestive of ovarian cancer. It was developed by leaders in ovarian cancer research, diagnosis and treatment and includes a management algorithm that suggests when and which diagnostic tests should be ordered. These include pelvic and rectal exam, CA 125 blood test and transvaginal ultrasound.

Both of these tools are available on the MOCA website at www.mnovarian.org. MOCA will continue to work with women and the medical and research community to discover the best tools, techniques and treatments that result in more women being diagnosed early and surviving ovarian cancer.

**MOCA Members Serve as Advocates on Mayo’s Ovarian Cancer Specialized Program of Research Excellence**

In close collaboration with the ovarian cancer Specialized Program of Research Excellence (SPORE) leadership team at Mayo including advocacy leader, Pat Haugen, MOCA staff and members have begun to serve as advocates on this multi year, multi million dollar research effort.

- Four MOCA members have been identified and each has volunteered to be “assigned” to serve as the principal advocate on one of the four SPORE projects:
  - **PARP Inhibitor:** Peggy Jennings
  - **Immune Suppression:** Carmen Williams
  - **Measles Virus:** Barb Menough
  - **Flavopiridol and Chemotherapy:** Jane Levin

- In September, MOCA Executive Director, Kathleen Gavin attended a national gathering of gynecologic SPORE PIs and advocates at Fox Chase Cancer Center in Philadelphia. Meeting participants devised strate-
Hello Everyone,

What a wonderful autumn we’re having. Not weather wise, but in the success that MOCA has had due to all your efforts. I’m constantly amazed at the hard work and dedication of all of you on behalf of the organization.

This October I ran the Twin Cities Marathon as a dedication to the wonderful women I have loved through MOCA and to remind myself why I am here: to make a difference in the lives of others. It was a great run. Four hours is a long time to be alone with your thoughts and focused on your life and how wonderful it is to be alive.

I know many of you wake up every day thankful for another day. I think this perspective is one not everyone is able to have. Some people go through life never knowing how precious it is and how thankful we should be for each day. I recently ran across a video of an ironman athlete. He was suffering from ALS but still competing in an incredibly challenging athletic event. I think his words are poignant to all of us:

*It doesn’t interest me how old you are.*

*It doesn’t interest me where you live or how much money you have.*

*I want to know if you will risk looking like a fool for love,*

*It doesn’t interest me where you live or how much money you have.*

*And still shout at the edges of a lake, river or mountain.*

*It doesn’t interest me how old you are.*

*I want to know if you can get up after a night of grief and despair;* 

*Weary and bruised to the bone,* 

*And do what needs to be done for someone you love.*

I want to know if you can be alone, 

In the dark moments of your life 

And truly like the company that you keep.

— Jon Blais

I am thankful we don’t have to be alone and that we have the support of one another. MOCA is an incredible source of strength for all of us affected by this disease.

As we move into the winter months please consider celebrating your lives by hosting a Calling All Angels party this February. Think about all that we have to be grateful for.

Life isn’t about waiting for the storm to pass; it’s about learning to dance in the rain.

Warmly,

Lisa
In Celebration of Life

All of us at MOCA wish to honor and celebrate the lives of the following women who recently passed away. Their strength, courage and grace are to be admired. We will carry on the fight against ovarian cancer in their names. We extend our sympathies to their spouses, partners, children, family and friends.

Debbie Bonnes
Angie Cabrera
Wanda Flechsig
Nancee Frybarger
Kathryn A. Hinz
Anita LeNeave
Kay E. Loyva
Victoria Jean Ludwigson
Jill M. Paulus
Jeane Puffer
Peggy A. Schuster
Gloria Schwan
Linda Whitman

For more information or to contact MOCA’s staff call 612/822-0500

Courtney Barrette, Program Manager: cbarrette@mnovarian.org
Kathleen Gavin, Executive Director: kgavin@mnovarian.org
Lindsay Kohn, Public Education Program Manager: lkohn@mnovarian.org
Kathy McGovern, Medical Education Program Manager: kmcGovern@mnovarian.org
Nila Ouska, Finance Manager: nouska@mnovarian.org
Constance White, Operations and Events Manager: cwhite@mnovarian.org

The information contained in this newsletter mailing or any enclosure contained herein, should NOT be considered a substitute for the opinion of a qualified health care provider. MOCA does not recommend or guarantee any product mentioned in this newsletter mailing or any enclosure contained herein. Please use this information to assist you in obtaining further information and in making your own health care decisions.
Medical Education Programs’ Volunteer Opportunities in 2010

Ovarian cancer survivors play a vital role in MOCA’s medical education programs which are dedicated to raising awareness of the disease and promoting the importance of early detection and referrals to gynecologic oncologists.

The medical residents’ program pairs a gynecologic oncologist with a survivor to deliver prepared talks to primary care residents.

Survivors Training Medical Students literally puts a face on a disease by having survivors speak to third- and fourth-year medical students about their diagnosis and treatment.

The hereditary cancers’ program pairs a woman who has had genetic counseling and testing with a panel of others who present information to the public about reducing elevated risks for ovarian cancer for people who inherit BRCA1 and/or BRCA2 gene mutations.

Public Speakers

If you would like to volunteer to be a speaker for any of the above three programs, training will be provided Saturday, Jan. 23, 2010 from 9 a.m.–12 noon at the MOCA office. Please contact Kathy McGovern to register by Jan. 19, 2010. If you are unable to attend the Saturday morning training session, let me know, and one other training session will be scheduled on a weekday later in 2010.

If you would like to volunteer as a public speaker for the medical education programs contact Kathy McGovern at kmcgovern@mnovarian.org.

Public Education in 2009

2009 was a busy year for public education! MOCA offered ten community education meetings (formerly membership meetings) this year. We’re planning meetings around topics that are relevant to survivors, their family and friends, and attendance and feedback tell us that you’re happy with our offerings. Our October 7 meeting at the St. Paul JCC had over 90 people in attendance to hear the Hereditary Cancer panel of Cheryl Bailey, Shari Baldinger, Kelly Grosklags and Ellen Kleinbaum. Join us for our last meeting of the year, Awards Night, on Nov. 19, 6–8 p.m., at Ridgedale Library. For more information and to RSVP, visit the MOCA website.

MOCA participated in 12 health fairs or conferences in 2009. These events give us the opportunity to spread awareness of the symptoms of ovarian cancer, promote earlier detection, answer questions about our organization, and to promote our support resources. Please let us know if there is an event in your area that you’d like us to consider — we’re trying to reach out to areas of the state that might not otherwise have access to our information.

Interested in representing MOCA at a health fair or conference? This is a great opportunity for ANYONE – you don’t have to be a survivor. MOCA exhibits at events throughout the year in public, medical, educational and cancer-specific settings. If you’re interested in volunteering as a Health Fair Representative in 2010, attend our training on Saturday, Feb. 27 from 9-11 a.m. at the MOCA office. RSVP to Lindsay at lkohn@mnovarian.org or call (612) 822-0500.

Office & In-Kind Donations Needed

Help us keep overhead costs to a minimum

We are looking for the following donations:

**General Office Supplies** — two pocket folders, mailing labels of all sizes, tape (packing, scotch, duct), highlighters, Sharpies, notepads, reams of copy paper (letter and legal), colored copy paper, card stock, etc.

**Large size plastic storage bins** with lids to hold event materials

**Signs** — looking for a donation to create new event signs

**Utility Trailer** — We are looking for a small trailer donation we can use for parades

If you’d like to make a donation of an item, please contact Courtney at cbarrette@mnovarian.org.
Molly Cade Memorial Golf Tournament

This year’s 10th Anniversary Gala and the Molly Cade Memorial Golf Tournament were very special. We had a great night celebrating MOCA’s 10 Years of Success and spent a lovely day golfing at Brackett’s Crossing Country Club. This year we had 195 golfers and 370 gala attendees. We raised over $100,000 for MOCA programs. To view all photos go to www.mnovarian.org/molly_cade.htm and click on the “order photos” link.

SPORE from page 1

gies for the SPORES to collaborate with each other to accelerate research and determine ways advocates can effectively represent patients and families in the research process.

• Barb, Carmen, and Peggy all attended the Women and Cancer Conference at Mayo on October 24. All four of the MOCA SPORE advocates participated in a full SPORE meeting during which Project 1 was presented.

• Kathleen Gavin and Pat Haugen served as advocate reviewers of “mini grants” being awarded this November. There will be four $50,000 grants awarded for innovative pilot projects and one $100,000 career development grant to a promising new leader in ovarian cancer research.

• Mayo was invited to have a poster and display table at the Silent No More Walk Run for Ovarian Cancer. Participants had the opportunity to learn more about this research initiative. SPORE Principal Investigator (PI) Dr. Lynn Hartmann was on hand as were Mayo Cancer Center clinical research nurse Karin Goodman and the Silent No More Marathon swimmer, MOCA champion and Mayo chaplain, Mary Johnson.

All in all, it’s been a very productive first quarter for MOCA and the SPORE!!

Advocacy: A Vital Part of Research

Advocates are the voice of the patient to the scientists and researchers. They contribute patient insights to the SPORE research program about research strategy, protocol development, and outreach to patients and communities.

Ovarian SPORE Grant Locations

• Fred Hutchison Seattle, WA
• Mayo Clinic Rochester, MN
• MD Anderson Houston, TX
• Brigham & Women’s Boston, MA
• Fox Chase Cancer Center Philadelphia, PA
Support Groups for Women Affected by Ovarian Cancer

Minnesota Ovarian Cancer Alliance (MOCA) offers the following support groups in Minnesota:

**Minneapolis** This ongoing ovarian cancer support group meets on the 2nd and 4th Wednesday of the month from 6:00–7:30 p.m. The meetings are held at MOCA’s office at 4604 Chicago Ave. South. Primary facilitator: Judy Prokosch.

**St. Paul** This ongoing ovarian cancer support group meets the 1st and 3rd Tuesday of the month from 6:00–7:30 p.m. Meetings are held in the Janet Wallace Fine Arts Center Lounge in room #104 at Macalester College. Primary facilitator: Marge Higgins.

**Southeastern Minnesota** Meets every other month at Zumbro Lutheran Church, 624 3rd Ave. in Rochester at 5:30 p.m. Facilitators: Jean Wagner and Sarah Keller. For more info and upcoming dates, contact Dolores “Jeff” Nordquist at nordquist.dolores@mayo.edu.

**Brainerd** This support group is open to survivors and support people and meets on the 2nd Thursday of the month from 6:00–7:30 p.m. Meetings are held in the lower level conference room at the Nisswa American Legion, 25807 Main St., Nisswa, MN. Please contact the facilitator prior to your first meeting. Primary facilitator and local contact: Teresa Faust (218) 963-9566.

**St. Cloud** This ongoing support group meets on the 2nd Tuesday of the month from 6:30–8:00 p.m. Meetings are held at Liberty Savings Bank Community Room, 113 7th Ave. S., St. Cloud, MN 56301. Primary facilitator: Alexis Figueroa.

**Young Survivor Network** The members of this group range in age from late teens to early 40s and they deal with issues which are unique to them. Meetings are the 3rd Tuesday of the month from 6:30–8:00 p.m. at MOCA, 4604 Chicago Avenue South. For more information, email moca-ysn@chaska.net.

**MOCA Mentor Program** The MOCA Mentor Program is a group of MOCA members who are willing to connect one-on-one over the phone and share their stories and experiences with others. The Mentor Program includes survivors, partners of survivors, daughters who have lost their mothers to ovarian cancer, and friends of survivors. You will receive a phone call within three business days of your request, but usually sooner. If there is anything in particular you’d like to talk about (your stage of cancer, being a caretaker while going through treatment, a specific doctor/hospital, experiencing a recurrence, etc.), we will try to best match you to a mentor with a similar experience. This isn’t always possible. If you’d like to receive a call from a MOCA Mentor or become a mentor, call Lindsay at (612) 822-0500.

All support groups are free. For more information, contact Lindsay Kohn at lkohn@mnovarian.org or (612) 822-0500, or visit our website: www.mnovarian.org.

Corporate Spotlight

**Graphic Resources, Inc.**

Chuck Novotny, owner of Graphic Resources, Inc., a commercial printer in Woodbury, has seen firsthand what MOCA can do. His friends, Susan and Barry Kushner, introduced Chuck to MOCA. Susan is a 12 year survivor of late stage ovarian cancer. She is a founding board member of MOCA and continues on MOCA’s Board of Directors today. She and Barry both serve on the Molly Cade Memorial Golf & Gala Committee.

Novotny was inspired by Susan’s battle against ovarian cancer as she went through more than 150 treatments, and decided he needed to get involved. In 2001, Barry suggested that the golf tournament might be the place, so Novotny offered to provide gratis printing for the event. His business has done printing for the tournament since 2001 allowing MOCA to devote more funding to its core programs. Novotny’s mother-in-law died recently of pancreatic and ovarian cancer. “It’s for a good cause. What MOCA does, both in research and support, is important,” Novotny said.

Novotny, 52, bought Graphic Resources in 1996, located at 2357 Ventura Drive in Woodbury. He handles one-color to full-color printing, working primarily with businesses.

Novotny and his wife Carolyn have two children and live in Cottage Grove.

**MOCA Volunteer Opportunities**

Please check out MOCA’s Volunteer Page online at www.mnovarian.org/volunteer.htm for upcoming volunteer and internship opportunities at MOCA.

**Join the MOCA Online Support Community**

MOCA is excited to introduce our new Online Support Community. This new resource for support and networking is free and available 24/7. Post a blog, respond to a discussion forum, ask a question or lend support to others. Join now by visiting www.mnovarian.org and clicking on “Join MOCA’s Online Support Community”. 
News from the Young Survivors Network

It's been another busy year for the Young Survivor Network! Once again, we gathered donations and put together fabulous survivor bags for the Walk/Run. Thank you for your generosity: Blistex, China Glaze, Coty Inc., L’Oreal, Mead, OPI, Pat “Spyder” Prokosch, Sandy Reinhold (Jazzercise), Lisa Rietveld (2 Grrrls), Shelly Ross Memorial Fund, and True Lemon/True Lime.

And thank you members of the Young Survivor Network who worked on the bags and everyone, including friends and family members, who volunteered at the survivor tent at the Walk/Run this year! You helped make the event the success that it was.

We have also been busy making bead bracelets throughout the year to sell at MOCA Community Education Meetings and events. Each bracelet is unique and we continually add new ones. Look for them at the MOCA sales table at the next meeting or event.

In October, Michelle Hammerschmidt, practitioner of Traditional Chinese Medicine, met with us and discussed the many benefits of Chinese medicine, including herbs, acupuncture, acupressure, and diet, after a cancer diagnosis. Thank you, Michelle!

MOCA Welcomes New Financial Manager

In July, Nila Ouska joined MOCA as the new Financial Manager, replacing Karen Mulbarger. Karen, who had been attending school part-time to become a nurse, was accepted into a full time nursing program at Dakota Tech. We would like to thank Karen for her tireless dedication to MOCA’s goals and her willingness to remain a volunteer.

Nila Ouska brings a wealth of experience to MOCA and says, “What I have learned since I’ve been here is that the staff and MOCA’s many volunteers focus very directly on improving the lives of survivors, and they do it with great dedication and professionalism.”

Nila holds a bachelor's degree from Winona State University, with majors in accounting and business administration. She’s taken numerous business courses at the Carlson School of Management, and finished a certificate program (Leaders of the New Millennium) at the College of St. Catherine.

Hope at the OCNA Conference

By Sarah Noonan

Attempting to prepare for the usual hot, humid weather of summer in Washington, DC (much worse than hot flashes, I think!), we arrived in our Nation’s Capitol to find the weather to be unseasonably cool and dry...what a gift! In retrospect, good weather was the least significant of the gifts we received while attending the Ovarian Cancer National Alliance’s (OCNA) Annual Conference in July. Among hundreds of brave survivors, along with their friends, parents, children, siblings, spouses, partners, health care professionals and researchers, there was so much HOPE!

Healing — women are not only surviving, but thriving... there were so many survivors who are fighting every day to make this dark and scary world of ovarian cancer one that is filled with friendship, strength, and survival.

Optimism — Leaders from OCNA, the National Ovarian Cancer Coalition (NOCC) and the Ovarian Cancer Research Fund (OCRF) have joined forces. These three amazing organizations are working together to create a stronger and more effective movement to win the fight against ovarian cancer!

Partnership — After attending the Partner Member Summit, I realized once again how amazing MOCA is! Our incredible staff, volunteers, sponsors, supporters, partners and donors make it possible for us to be a leader in the nation for funding ovarian cancer research, raising awareness about the disease, and connecting survivors with one another everyday.

Empowerment — After hearing from survivors and advocates around the country about the difference they have made by simply meeting with a legislator, writing an article, sharing a story, or “turning the town teal,” I realized that it only takes inspiration, motivation, dedication (and maybe a little perspiration) to make a difference. And I know we at MOCA have all that! Whether we tell one person about our own experience, or raise thousands of dollars for research, we are all making a difference!
This year's 10th Annual Silent No More Walk/Run was a great success. We raised over $220,000 and had 3000 participants for the event. To view all photos go to: www.mnovarian.org/silent_no_more_walkrun.htm and click on the “order photos” link.

Fundraisers to Be Honored

We salute over 150 individual fundraisers who will be honored at Awards Night on November 19. Letters, calls, and emails were deployed by our many members to call their friends and family into action. Our top three fundraisers this year are Jan Chorzempa in first place, Carol Luukkonen in second place and Jane Levin in third place. Collectively these three women raised $29,000. All in all we have 152 members who qualify for fundraising incentive prizes. Thank you everyone for a job well done!

Awards Night
Nov. 19, 6–8 p.m.
Ridgedale Library
Minnetonka

MOCA 2010 Calendar

Month of February
Calling All Angels
Saturday, April 17, 2010
Lakes Area Women’s Expo
Brainerd, MN
www.lakesareawomensexpo.com

July 18 & 19, 2010
Molly Cade Memorial Golf Tournament & Gala
September 11, 2010
11th Annual Silent No More Walk/Run
Donations to MOCA

Minnesota Ovarian Cancer Alliance gratefully acknowledges the following individuals and organizations for their support during the Minnesota Ovarian Cancer Alliance’s 2021 Giving Campaign.

General Donations
Roger & Kathryn Aagard
Brenda Anderson
Deborah Anderson
Jerome Anderson
Michael & Allison Anderson
Anonymous
Linda Arford
Doreen Atkinson
William Bauersgarten
Sol & Debbie Bear
Bruce Bechty
Kevin & Heather Beschloss
Big Stone County Cancer Support Group, Inc.
Blue Cross/Blue Shield
Gayle A. Boeke
Amy Call
Cassandra Carney
Matthew & Heather Casey
Terry Cohen
Denise Colton
Stacey Degnan
John & Patty Dunn
Eagle View Bar and Grill, Inc.
Jake & Deanna Erickson
Pat Ferrigan
Deb Fjeld
Tara Giesens
Marilyn Gerlach
Eilene Gilbertson
Jill Gram
Sheridan & Lorraine Halbe
Leslie Hanna-Northby
Kenneth Heuser
Hickory Tech
HOM Furniture, Inc.
Human Resource Professionals of Minnesota
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Shelia Jones
Brenda Kline
Patricia Kovaleski
Caryl Larnes
Jane Levin & Judy Reisman
Maureen Lowe
Susan Lowenberg
Judi Lynch
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Kate McNally
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John & Linda Meilke
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Peterson Tax & Bookkeeping Service
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Denell Pumpier
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Pat Stone
Jessica Sutherland
Charles & Barbara Swanson
Charles & Janet Tarino
Jeffrey & Linda Thompson
Joyce Tibbs
Vill-Marc Inc. DBA Village Market
Jeffrey Waryan
Marty Weikum
Clement Wiley
Jerome & Cheryl Wilma
Susan Yanta
Lynn Zemkowski
Diane Zitzer

In honor of Genie Allen’s Calling All Angels Party in memory of Marjorie Allen
Genie Allen
Linda Andrea
Anonymous
Bruce & Lucinda Backberg
Patricia Barnacle
Belle Anse Spa, Inc.
Lauran Borden
Janel Bush
Elizabeth Cummack
Charles Cousins Jr.
Gregory DeWitt
John DeWitt
Joe & Anne Elsinger
Eric Flor
Vickie Gacke
Jeanne Gilbertson
Renee Heuer
Catherine Hughes
Christine Judge
Mary Leary
Brian Leonard
Nicholas Loesch
Hamilton & Ann Luther
Ann Sapiensko
Rebecca Torgerson
Janet Walls

In honor of All the Ovarian Cancer Ladies
Carol Rodman

In honor of Nell Allen
Janel Bush

In honor of Amelia
David Lies

In honor of Women Golfers with Ovarian Cancer
Bonnie Featherstone

In honor of Kim Antonovich
Colleen Musselman

In memory of Dominick Arzii
Joyce Tibbs

In memory of Tami Babbitt
Shana McMillin

In memory of Terri Bechtold
Barbara Ahlstrom
Richard & Judith Ahlstrom
Richard Allen
Mary Lou Allison
Helen Anderson
Paulette Angvall
Jim & Kathy Blackford
Linda Brock
Patricia Burrows
Sarah Chastek
Mary Ann Cooper
Kathleen Fraser
Raymond Gavin
Erlin Gross
Michael & Joan Heck
Ronald Kielbule
Paye Johnson
Susan Kennedy
Judith Kruise
Barbara La Motte
Langford Gastroenterology Clinic
Louise L'Allier
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Lloyd & Teresa Nelson
Mary Ann O'Brien
Robert Phillips
Constance Riemers

Judith Robde
Deborah Sieben
Janet Stawwychy
Karen Sund
Robert Vavra
Mary Ann Wadsworth

In memory of Dawn Beedle
Gerald Beedle

In honor of Mara Benowitz's Bat Mitzvah
J. T. Manasek
Amy Ollendrof
Elisabeth Sandler
Lisa Tilsner

In memory of Alice Bjerke
Robert E. & Katherine C. Tighe

In memory of Suzanne Bloyer
Raymond Gavin

In memory of Jean Borax
Sears & Patricia Eldredge

In memory of Fabiola Breault
Raymond Gavin

In memory of Paige Bregnin
Stanley & Linda Rein

In memory of Billy Bye
Mark & Maeria Cherniack

In memory of Steven Bliker
Ellen Kleinbaum
Barry & Susan Kushner

In memory of Molly Cade
Anonymous
Miles & Linda Graauf
Kevin & Jillene Cade
Clever Cleaners of Bloomington
Etzioni Partners
Mary Heinz
Julie Heuzink
P.M. Mc Phillips
Pete & Joan Melrose
Cheryl Meuwissen
Michaela Muehlem
Jeanne Nelson
Terry & Bette Noble
Steve Pfeiffer
Mark & Stephanie Regnier
Bill Roth
Patrick Sinclair
Susan Templin
Gail Terry
Peter Tushas
Wilfred & Janet Williams

In memory of Diana Chrz
Jim & Rita Mullen

In memory of Jayne Clarke
Mary Allen Wilkinson
Carol Lee
Joan Lee
Wayne Lee

In memory of Linda Cohen
Stanley Malmon

In memory of Burt Corwin
Bud & Dory Rose

In memory of Fred Devens
Bill & Judy Franke

In memory of Laura Devereaux
John Devereaux

In honor of Dr. Curtis Dickman
Bud & Susan Kushner

In memory of Judy Dockendorf's June 30th Birthday
Rolayne Bensstrom

In honor of Sue Donkersgoed's Calling All Angels Tealinit Night in memory of Molly Cade
Anonymous
Vicki Benson
Laurel Burke
Sumire Crowe
Karen Dyck
Barbara Farrel
Kathleen Freeland
Holly Glennem
Joyce Golden
Cheryl Harestead
Diana Herman
Darcy Hong
Greg & Jill Keck
Julie Klousa
Sandra Krivo
Mary Langevin
Cammie Lattlaungh
Susan Lima
Maureen Long
Susan Martin
Kristyann Minkkainen
Kathi Moe
Gail Muller
Lee Ann Muller
Cathy Potterbaum
Kari Schimenez
Kathryn Smith
Thuis Case Management
Marina Tiffeny
Brenda Turner

In honor of Gwen Duckworth
Todd Nelson

In honor of Connie Ficklin
Nancy Blyter

In memory of Gloria Fillah
Cheryl & Colleen Rusch

In memory of Agnes Fitch
Kathleen Luthens

In memory of Jane Franzczyk
James Walsh

In memory of Nancee Frybarger
Rose Ann Daugherty
Dale Debacker
Jeffrey Frybarger
Judith Gepert
Denise Laskart
Judy Mandl
Mae Mudder
Linda St. John
Robin Stewart
Lou Terman

In memory of Teresa Garcia
Eliz Garcia

In honor of Judith Gartner
Richard & DeeDee Harris

In memory of Jacqueline Gavin
David & Christine Baldinger
Derek Deling
Raymond Gavin
Thomas & Candice Ilnot

In memory of Cheryl Gilbertson
Home Office Service Club

In honor of Joan Glotter's Birthday
Bud & Dory Rose

University of Minnesota
Workplace Giving Campaign
Kara Fresk
Jan Pearson
Amy Skubitz

Wells Fargo Community Support Campaign
Kellie Haunhamess
Erim McClure-Helliwig
Sheryl Sheeks
April Uram
Marla Wiebold
Rebecca Wyganowski
In honor of Mr. and Mrs.
Richard Harris's 55th Wedding Anniversary
Stanley Malmon
In memory of Judy Hemak
James & Patricia Hemak
In memory of June A. Henderson
Ray Henderson
In memory of Marilyn Hinck
Lynne Bach Schneider
Mike Hinck
June Sand
In memory of Kay Holberg
Harold & Marilyn Trestman
Julie Trestman
Wendy Trestman
Heidi Zipkin
In memory of Lasia Horstein
Stephen and Lasia Horstein Family Fund
In memory of Stefanie Igtanloc
Michael & Aileen Anderson
Lisa Christiansen
Katherine Cowan
Kryston Donnay
Judith Fletcher
Angela Hunter
Aldina O'Hara
Sheila Overosn-Schiller
Jody Pajal
Melanie and Rosemary
Melissa Williams
Stefanie Igtanloc Fund
In memory of Karen Janezic
Susan Johnson
Susie Schafe
In memory of Mary Johnson's Marathon Swim
Matthew & Susan Skinner
In memory of Nuala Kerna
Mary Kathleen Crow
In memory of Jane Korn
Marshall & Denise Hertz
In memory of Jodi Larabee
Dan & Sarah Schumacher
In memory of Anita LeNeave
18-Hole Women's Golf League
Ray Appelbaum
Alvin & Ellen Badiner
Loo & Mary Ann Baker
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Richard Borchers
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Harvey & Evelyn Plom
Robert & Sherry Flynn
John & Pat Gabrielle
Lisa Jo Gross Crees
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Donald & Janice Hennings
Cean Herron
Ruth Hopperstad
Robert Hovdson
Dick & Dobra Hunegs
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Earl & Beverly Johnson
Margaret Kjestrin
John Kocur
Jeannine Lindell
Ronald & Martha Mason
Russell McNair & Ar
Kenneth & Marilyn Murray
Charles & Remona Myhre
Betty Nelson
Allen & Marcia Oleisky
Robert & Rose Oliveira
Elizabeth Rosendahl
Sandra Roseiter
David & Rachel Schwandt
David Smith
Wilmont Snell
Karen Sorstic
Denni & Derec Spulla
Walter Teninga
Wayne Thombrong
Bradley & Virginia Tips
Rhoda Toles
Ralph & Joan Turtinen
Gary & Cherri Virgin
Ann Warner
John & Donna Wilder
In memory of Irene Lethert
Michael Lethert
Mike & Rose Lethert
Marlys Toogood
Owasso Hollow Homemakers
In memory of Maggie Levy
Barbara & Steve Levy
In memory of Flossie Lindner
Bethany Hestmaker
In memory of Kay Loyva
Tamra Adams
Janet Anderson
Anonymous
Clay Roseburt
Herbert Carlson
Leora Carlson
Shirley Carlson
Beverly Carson
Russell Christianson
Shirley Conner
Fern Edmunds
Agnes Pague
Ruth Granberg
Martha Hinkle
Marguerite Hoffmann
Margueritha Hoffmann
Carol Hoopangarner
Edith Huffman
Darlene Johnson
Elsie Johanson
Sharon Kauf
Gordon Kraatz
Robert & Jean Lawrence
Gratia Lee
Jane McNaughton
John & Catherine Michel
Leslie Morley
Ernest & Kathleen Morrey
James & Judy Muir
Nancy Murmane
Lana Ogawa
Diane Olofen
Floyd Olson
Bradley Ostrander
Stanley Peterson
Steven Peterson
Julie Pinomaki
Rosaline Pinomaki
Eileen Rudd
Peter Sorenesson
Carolyn Stark
Gary & Jean Wirdd
Joan Wong
Carolyn Woyjak
In memory of Donna Lundberg
Jerilyn Birnie
In memory of Carol Laurikkonen
Cathryn Batalden
In memory of Joan Lynch
Susan Johnson
In memory of Pam MacDonald
Pay Ziton
In memory of Mary Magan
(Granny)
Jenna Pettit
In memory of Sara Mahannah
Michael & Sally Schmitt
In memory of Mary Mahoney
Harry & Beverly Campbell
In honor of Richard Mahoney's Birthday
Harry & Beverly Campbell
In memory of Joyce Malmon
Marvin & Rolla Engle
In memory of Betty Kay Maras
Northern Lights League
In memory of Lou Ann Marseke
Charles Marschek
Lois Murphy
Karma Schafer
In honor of Carol Mathers
Colleen Lange
Gary & Constance Westen
In memory of Mary Margaret Meirzga
George Baker
In memory of Marilyn Midthun
Joel Midthum
Kim Midthum
In memory of Patricia Midtling
Linda Anderson
Anonymous
Joel Barbaso
Susan Bjerke
Amy Heroux
Diane Homa
Carol Hruby
Nicole Jurgens
Barb Korsel
Elizabeth Larson
Kirsten Loiseaux-Purcell
Rissna Miecie-Skayer
Vicky Michaels
Steve Moore
Jean Mulvey
Alice Preggus
Carol Politis
Emily Ruscoe
Shelly Schneider
Lorni Selvig
Studio & Dance LLC
Jack Werner
Julie Zamora
William H. Johnson II, D.D.S.
In honor of MOCA Staff
Peter Argenta
In honor of MOCA's
10th Anniversary
Julie Andrich
Douglas & Kathleen Andreas
Greg & Ann Anklim
Kirby Baverle
Robert & Susan Blastock
David Bohlick
Jacine Born & Marci Kelley
Eugene & Jane Borchoff
Kathleen Burton
Camille Cari
Leo & Ann Crowley
Susan DeNuccio
Robert & Marilyn Devoreaux
Wayne & Ingrid Deastri
Wayne & Sharon Doyle
Alexis Dubois
Jon Fraser
Marlyn Frederick
David & Kimberly Gehant
Rosa Gilats
Ronald Haines
Francine Hanson
Carol Harris
Marie & Mark Harris
Dara L. Horner
Kathy Jedrzejek
Dennis Johnson
Jan Johnson
David Kim
Joleen Kocur
Cathryn Konat
Susan Landwehr
Angela & Aaron Lapensky
Kriston Larson
Jim & Lisa Leone
Linda Linder
Jeff & Colleen Lofsgaarden
Thomas & Carol Laurikkonen
Bob & Kim Lynnc
Jason Maas
Robert & Pam MacDonald
Gene & Donna McKi
Denise & Nancy McGill
Daniel & Susan McIntyre
Michael McNab
Pete & Jean Melrose
Kevin Mulhory
Jeff Miller
Jill Miller
Mike & Sarah Noonan
Carol O'Keefe
Jay Pettis
Robert & Jean Rafferty
Marvin & Terry Richardson
Stephen & Sharon Rith
Erik Pratt
In memory of Steve & Aimee Pratt's wedding
Erik Pratt
Lawrence Pratt
Bonnie Wynn
In memory of Jeanne Puffer
Marie Beck
Michael Berat & Jennifer Beckman-Berat
Melissa Capistrant
Michael Connelly
Mark Dinger
Gretchen Hanks
Linda Johnson
Karen Karmuth
Eva Kay
Kristin Klund
Mike & Julie Lauer
Colleen M. Monahan
Wanda Faskrutz
Nancy Rassier
Kay Scherle
Andrea Tschetter
Securian Financial Group
Stacey Vog
Tracy York
In memory of Marcene Reder
Gerald & Bonnie McRae
In memory of Joan Regal
Raymond Gavin
In memory of Eleanor Ristow
Dorothy Stopal
In memory of Womme Robertson
Kristin Cecil
Donations to MOCA

In memory of Sybil Robinson
Bob & Diory Rose

In honor of Karen Rodning
Denis & Jan Rodning

In memory of Warren Rodning
Karen Rodning
Marilyn Rodning
Robert & Mary Thomassen

In honor of Bud Rose’s Birthday
Mark & Marcia Cheriniack

In memory of Peggy Rose
Richard & Deedee Harris
Howard & Gloria Weisskopf

In memory of Sylvia Rose
Larry & Edie Zidel

In memory of Jill & Merle Rosenberg
Mike & Sarah Duffin
Larry & Elizabeth Lutton

Anonymous
In memory of Janet Salhus

Anonymous
In honor of Tim Sammond
Mary Roth

In honor of Gloria Schwan’s 80th Birthday
Fritzie Becklund
Joan Chandler
Kathy Guerin
Lois Johnston
Dorothy Masana

In memory of Gloria Schwan
Anonymous
Rebecca Arney
James Arouni
Jera Barthol
Boyer Electric
Alice Breunahan
Gayle Brodtler
Kevin Brown
Helen Bucko
Lydia Carbon
Joan Chandler
Charles Diggins
Marilyn Dubois
Cynthia Dunham
Sandra Eggert
Jacqueline Fassett
Christine M. Feilling
Donna Fletcher
Neil & Audrey Pierce
Margaret O’Connell
In memory of Mary Kay Thibeau
Laurie Lafontaine
Anne Sweet

In honor of Wayne Huls and 60th birthday
Buchholz
Randall & Cheryl Naze

In honor of the September Jeans for Charity Event
Land O’Lakers, Inc.
The Shoreview Employee Council

In honor of Janie Stiglitz

In honor of Malka Shapiro reading Torah
David Liss

In memory of Diane Shuda
Northern Lights League

In honor of Helen Silverman
Buud & Dory Rose

In memory of Mary Sisterman
Raymond Gavin

In memory of Iyleene Smith
Julie Heinrichsen

In memory of Karon Smith
Irene Smith

In honor of Sharon Snyder’s 70th Birthday
Stanley Malmon

In honor of Janice Soll
Betty Flor

In honor of Charlene Spindler
Stanley Malmon

In memory of Elizabeth St. George
Lawrence St. George

In memory of Elly Steader
Chock & Pamela Torrance

In honor of The 70 Club Birthday Party
Vernon & Ruth Lanzer

In memory of Lois Stevenson
Joyce Buckley
Mary Jane Heck
Carol Hoke
Paul Knuey
Donald Matakis
McDonnell Company
Mary Pietz
Lois Stevenson
Mary Wagner
Janet Watkins
Patricia Weidner

In honor of Wayne Huls and
Anne Sweet
Laurie Lafontaine

In memory of Mary Kay Thibeau
Margaret O’Connell

In memory of Donna Tisch
Neil & Audrey Pierce

In honor of Carol Wold
Amanda Wetzell

In memory of Judith Wyatt
Cynthia Widlund

In honor of Sue Young
Leene Weede

In honor of Jean Yasrab
Patrick & Chelis Hjelm

In memory of Don Zimmerman
Dennis & Janet Johnson

In memory of Kathleen Zimmerman
Gerald & Judith McDonald
John Zimmerman

Anita Lubov Memorial Fund
In honor of Birth of Ava Arnold
Lillian Ketaineck
Ruby Ketaineck
Jill Ann Marks

In memory of Anita Lubov
James & Patricia Hemak

Shelly Ross Memorial Fund
In memory of Angela Cabrera
Pamela Ross Weinstein
In memory of Shelly Ross
Irene Gesell

Eaine Snyder Fund
In honor of Brody & Heather Felcher’s wedding
Randall & Cheryl Naze

In memory of Gennifer Raine Snyder & her 60th birthday
Paul & Martha Dworkow
Randall & Cheryl Naze
Gary & Lynette Nuvonina
CALLING ALL ANGELS

FEBRUARY 2010

7TH ANNUAL
RAISING AWARENESS ONE PARTY AT A TIME

A MONTH OF EVENTS TO BENEFIT MINNESOTA OVARIAN CANCER ALLIANCE

Host your own party...start planning today!