

Event Details

Saturday, September 18, 2021 Rosland Park,
4300 West 66th Street, Edina, MN 55435

MOCA is excited to bring back our annual HOM Teal Strides event in 2021. Join us to walk or run and change the course of ovarian cancer!



2K WALK, 5K RUN, KIDS FUN RUN

The safety of the MOCA community is our top priority. We strongly recommend that everyone (both vaccinated and unvaccinated) wear face coverings in crowded outdoor settings and practice physical distancing between households, in accordance with updated Minnesota Department of Health (MDH) and Centers for Disease Control (CDC) guidelines.

MOCA staff and volunteers will be wearing masks at HOM Teal Strides. We are creating extra space between our tents and sponsor booths to allow for more physical distancing. Participants are encouraged to use the space available to spread out during our program and events.

Find event updates at mnovarian.org and on MOCA's Facebook, Instagram and Twitter pages.

T-SHIRTS

NEW THIS YEAR! Please register by August 1. T-shirt supplies are limited. MOCA will continue to provide t-shirts to all registered survivors.

ALL NEW EVENT SCHEDULE AND START TIMES!

7:30 a.m. Registration Begins

8:30 a.m. 5K Run Start

9:15 a.m. Kids Fun Run Start

HOM Teal Strides Program & Awards (to follow Kids Fun Run)

10:30 a.m. 2K Walk Start

Survivor Photo

*There will not be a group Survivor Photo this year, due to updated COVID-19 guidance. Survivors will have an opportunity to get individual photos taken at HOM Teal Strides. MOCA will create a Survivor Photo Collage to share with attendees after the event. Survivors not attending HOM Teal Strides should send snapshots to cwhite@mnovarian.org no later than September 18 to be included in the Survivor Photo Collage.

Parking

FREE parking at Southdale Mall. FREE shuttle bus service 7 a.m.-11:30 a.m. Face coverings are required for shuttle bus users. Limited parking is available in the large parking lot at Rosland Park.



Early Packet Pick-up

When you register and select "early packet pick-up" before Thursday, August 26, you will have the option to skip the lines on race day and pick-up your shirt and bib before the event. "Early Packet Pick-up" will be available on Wednesday, September 15 at the Plymouth, Bloomington or Woodbury HOM Furniture store locations between 1 p.m. and 7 p.m. Pick-up is also available at the MOCA office from 9 a.m. to 4 p.m. Monday, September 13-Friday, September 17. The area near the intersection of 46th and Chicago Avenue is currently under construction. Parking is available south of the office near 47th and Chicago or in MOCA's back lot.

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Registration Fees

Adult 2K walk or 5K run

\$30 - early bird registration available through 8/26

\$35 - 8/27 through 9/16 at noon

\$40 - "day of" event registration

Youth (Children 12 and under)

\$10 - early bird registration available through 8/26

\$15 - 8/27 through 9/16 at noon

Virtual Participant

\$35 - through 9/16 at noon. Register by August 1st to be guaranteed a t-shirt and we will mail you your t-shirt after the event.

Race Routes

2K Walk:

All participating walkers will start on West 66th Street, near the first set of paths into Rosland Park. They will take a left onto West 64th Street and follow it past the Edina Art Center. They will take a left, turn onto West Shore Drive, and then another left onto West 66th Street. They will follow West 66th Street to the finish line on the field by the lake.

5K Run:

Runners will be doing two loops of the walk route: West 66th Street to West 64th Street to West Shore Drive to West 66th Street.



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Awards

Top three male, female and survivor finishers in the run, will receive an award medal.

Fundraising

MOCA makes it easy to form a HOM Teal Strides team and raise money for ovarian cancer research, programs and support! MOCA has awarded more than \$9 million dollars to ovarian cancer research—making us one of the top funders in the nation! It's all because of committed supporters like YOU!

You can fundraise online through your personal fundraising page or collect and drop off your checks at the HOM Teal Strides event on 9/18 or at the MOCA office (4604 Chicago Avenue, Minneapolis, Minnesota, 55407). Please make note of the fundraiser/team name with your donations.

Have additional questions about the event?

Have additional questions about HOM Teal Strides? Visit the FAQ page or email info@mnovarian.org. You may also call the MOCA office at 612-822-0500.